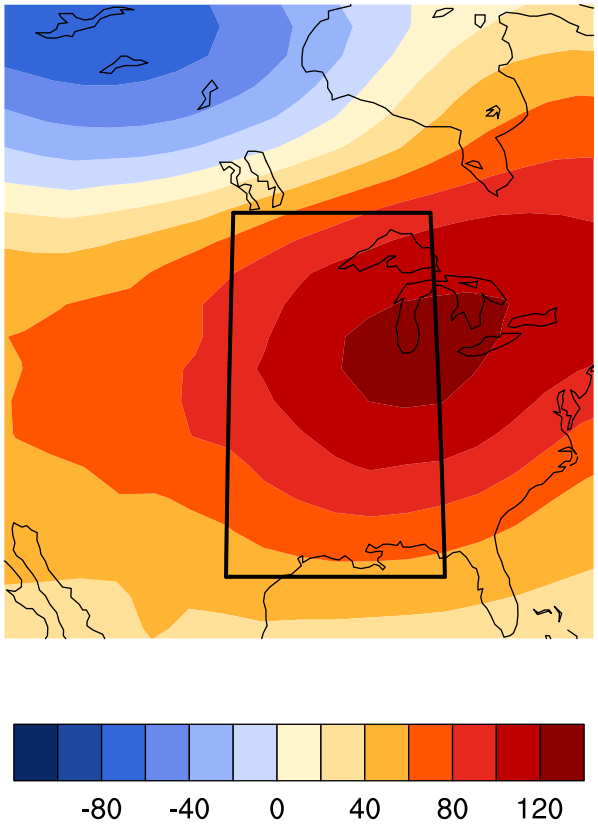
500hPa geopot. height anomaly

Z500